



**SIX STEPS  
TO THE  
PERFECT HAND WASH\***

1. Use warm water to wet hands
2. Dispense soap and thoroughly lather
3. Wash hands for 20 seconds
4. Rinse hands thoroughly
5. Dry hands completely and use paper towel to turn off faucet
6. Apply moisturizer to help maintain skin condition

\*Adapted from the CDC Guideline for Hand Hygiene in Health-Care Settings  
<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5116a1.htm>

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THE PROVEN PAIR IN SKIN CARE™