

Hygienic Hand Disinfection

PURELL® Hygienic Hand Rub

No Water, No Wiping Apply as much PURELL Hygienic Hand Rub as necessary (approximately 3 ml) to clean, dry hands, in order to meet protocol BS EN 1500 in 30 seconds. Rub hands until dry.



Step 1
Rub palm to palm
5 times



Step 2
Rub right palm over
back of left hand as far
up as the wrist 5 times,
and vice versa



Step 3
Rub hands together,
palm against palm,
fingers interlaced,
5 times



Step 4
Rub the backs of the
fingers, interlocked,
to opposite palm
5 times



Step 5
Use the left hand to
clasp the right thumb
and rub them together
5 times, and vice versa



Step 6
Rub the fingers
of the right hand
against the left
palm 5 times and
vice versa

When is hygienic hand rub necessary?

- When hands that are not visibly dirty are contaminated or susceptible to contamination
- Before any technical procedure (setting up a drip, handling a catheter, bandaging, etc.)
- After washing the hands
- Between every patient contact

Recommendations

- Use on healthy hands that are visibly clean and dry
- No jewellery
- No nail varnish
- Keep nails short
- Keep sleeves rolled up
- Hands **must** be washed and sanitised even if gloves are worn

PURELL Hygienic Hand Rub

Conforms with norms:

- BS EN 1500 1 x 3 ml x 30s
- BS EN 1040, pr BS EN 12054
- BS EN 1275

